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# (12) United States Patent

# Moskowitz et al.

### (54) INTERVERTEBRAL EXPANDABLE IMPLANT

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claimer.

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## (57) **ABSTRACT**

An intervertebral expandable implant with first and second vertebral body engagement surfaces includes first and second implant structures defining first and second angled wedge portions. The first angled wedge portion has first and second inwardly-facing rails and first and second inwardlyfacing slots. The second angled wedge portion has first and second outwardly-facing rails and first and second outwardly facing slots. The first implant structure is slidablyengaged with the second implant structure with the first inwardly-facing rail positioned in the first outwardly-facing slot, the second inwardly-facing rail positioned in the second outwardly facing slot, the first outwardly-facing rail posi-

(Continued)



Globus Medical Exhibit 1001 tioned in the first inwardly-facing slot, and the second outwardly-facing rail positioned in the second inwardlyfacing slot.

#### 26 Claims, 38 Drawing Sheets

#### **Related U.S. Application Data**

No. 13/210,157, filed on Aug. 15, 2011, now Pat. No. 9,889,022, which is a continuation of application No. 13/084,543, filed on Apr. 11, 2011, now Pat. No. 8,353,913, and a continuation of application No. 13/108,982, filed on May 16, 2011, now Pat. No. 9,005,293, said application No. 13/084,543 is a continuation of application No. 13/084,543 is a continuation of application No. 11/842,855, filed on Aug. 21, 2007, now Pat. No. 7,942,903, said application No. 13/108,982 is a continuation of application No. 11/842,855, which is a continuation for polication No. 11/842,855, which is a continuation-in-part of application No. 11/536,815, filed on Sep. 29, 2006, now Pat. No. 7,846,188, which is a continuation-in-part of application No. 11/208,644, filed on Aug. 23, 2005, now Pat. No. 7,704,279.

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  - CPC ...... A61B 17/809 (2013.01); A61B 17/8635 (2013.01); A61B 17/8894 (2013.01); A61B 17/92 (2013.01); A61F 2/447 (2013.01); A61F 2/4465 (2013.01); A61B 17/0644 (2013.01); A61B 17/86 (2013.01); A61B 2017/00407 (2013.01); A61B 2017/0641 (2013.01); A61B 2017/0648 (2013.01); A61B 2017/922 (2013.01); A61F 2002/2835 (2013.01); A61F 2002/3055 (2013.01); A61F 2002/30133 (2013.01); A61F 2002/30387 (2013.01); A61F 2002/30448 (2013.01); A61F 2002/30507 (2013.01); A61F 2002/30579 (2013.01); A61F 2002/30604 (2013.01); A61F 2002/30772 (2013.01); A61F 2002/30878 (2013.01); A61F 2002/30879 (2013.01); A61F 2002/30904 (2013.01); A61F 2002/448 (2013.01); A61F 2002/4475 (2013.01); A61F 2002/4627 (2013.01); A61F 2002/4681 (2013.01); A61F 2002/4687 (2013.01); A61F 2220/005 (2013.01); A61F 2220/0025 (2013.01); A61F 2230/0015 (2013.01); A61F 2250/0007 (2013.01)

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Fig. 1A



Fig. 1B



Fig. 1C



Fig. 1D



<u>120</u>

Fig. 1E



Fig. 2A

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<u>200</u>

Fig. 2B



Fig. 2C



Fig. 3



Fig. 4A





FIG. 4C



Fig. 5A



Fig. 5B



Fig. 5C



Fig. 5D



Fig. 5E



Fig. 5F



Fig. 5G



FIG. 5H



# FIG. 5I



Fig. 6A



Fig. 6B



# Fig. 7A



<u>700</u>

Fig. 7B



<u>800</u>

Fig. 8A



<u>800</u>

Fig. 8B



<u>800</u>

Fig. 8C



Fig. 9A



Fig. 9B



Fig. 10A







Fig. 11A



Fig. 11B



Fig. 11C



<u>1200</u>

Fig. 12A



Fig. 12B

## INTERVERTEBRAL EXPANDABLE IMPLANT

This application is a Continuation of application Ser. No. 15/894,471, filed Feb. 12, 2018, which is a Continuation of <sup>5</sup> application Ser. No. 13/210,157, filed Aug. 15, 2011, now U.S. Pat. No. 9,889,022, which is a Continuation of Application Ser. No. 13/084,543, filed Apr. 4, 2011, now U.S. Pat. No. 8,353,913, and Ser. No. 13/108,982, filed May 16, 2011, now U.S. Pat. No. 9,005,293.

Application Ser. No. 13/084,543 is a Continuation of application Ser. No. 11/842,855, filed Aug. 21, 2007, now U.S. Pat. No. 7,942,903. Application Ser. No. 13/108,982 is a Continuation of application Ser. No. 11/842,855, filed Aug. 21, 2007, now U.S. Pat. No. 7,942,903, which is a Continu-<sup>15</sup> ation in part of Ser. No. 11/536,815, filed Sep. 29, 2006, now U.S. Pat. No. 7,846,188, which is a Continuation in part of Ser. No. 11/208,644 filed Aug. 23, 2005, which claims priority to 60/670,231, filed Apr. 12, 2005. The entire contents of all of the above identified patent applications are <sup>20</sup> hereby incorporated by reference.

#### FIELD OF INVENTION

The present invention relates to a unique universal bidi- 25 rectional screw (BDS) system, and in particular its application to the spine, also referred to as bi-directional fixating transvertebral (BDFT) screws which can be used as a stand-alone intervertebral device which combines the dual functions of an intervertebral spacer which can be filled with 30 bone fusion material(s), as well as a transvertebral bone fusion screw apparatus. In the posterior lumbosacral and thoracic spine, BDFT screw/box constructs can be used independently or supplemented with a novel horizontal mini-plate which prevents upward bone graft intrusion into 35 the thecal sac and nerves. In the anterior lumbosacral spine BDFT screw box constructs can be inserted into and supplemented by a circumferential cage. These posteriorly and anteriorly placed stand-alone intervertebral body fusion constructs may obviate the need for supplemental pedicle screw 40 fixation.

The present invention also relates to stand-alone or supplemental posterior cervical and lumbar calibrated interarticular joint stapling devices which may obviate and/or lessen the need for supplemental pedicle screw fixation.

### DESCRIPTION OF THE RELEVANT ART

The history and evolution of instrumented spinal fusion in the entire human spine has been reviewed in our two prior 50 copending application Ser. No. 14/536,815, filed on Sep. 29, 2006, and Ser. No. 11/208,644, filed on Aug. 23, 2005, the related contents of which are hereby incorporated by reference. Currently the majority of posterior cervical and almost all anterior and posterior lumbosacral and thoracic fusion 55 techniques are typically supplemented with pedicle screw placement. Complications of pedicle screw placement in cervical, thoracic and lumbar spine include duration of procedure, significant tissue dissection and muscle retraction, misplaced screws with neural and/or vascular injury, 60 excessive blood loss, need for transfusions, prolonged recovery, incomplete return to work, and excess rigidity leading to adjacent segmental disease requiring further fusions and re-operations. Recent advances in pedicle screw fixation including minimally invasive and image-guided 65 technology, and the development of flexible rods, imperfectly address some but not all of these issues.

Complications of all current spinal interbody fusion devices is their lack of coverage of the majority of the cross-sectional area of the vertebral endplates, and their lack of adequate, if any capacity to penetrate bone, and hence the heightened risk of implant extrusion. Furthermore the bone and biological bone fusion agents which are packed into the intervertebral space can easily blossom and grow upward into the thecal sac causing neural compression, in the absence of a physical barrier between the fusing growing bone, and the thecal sac.

#### SUMMARY

Herein we describe multiple device embodiments which 15 combine in a single construct the dual functions of an intervertebral spacer maintaining disc space height, and transvertebral body fusion screws.

We also introduce an entirely novel horizontal mini-plate capping off the intervertebral space capable of functioning as a physical barrier preventing upward bone intrusion and/or compression of the ventral thecal sac, and traversing and exciting nerve roots.

Furthermore, we present an advanced mechanism in calibrated posterior facet joint stapling compared to our previous designs illustrated in our co-pending patents. We also introduce the entirely novel concept of posterior cervical facet staples to obviate and/or diminish the need for posterior cervical pedicle screw instrumented fusion. Using combinations and permutations of different embodiments of cervical facet staples in a modular manner advances the concept of flexible fusion in the cervical spine.

To achieve safe, effective and minimally invasive segmental spinal fusion, applicants propose the use of novel bi-directional fixating transvertebral (BDFT) screws which 35 can be strategically inserted via anterior or posterior surgical spinal approaches into the anterior and middle columns of the interverterbral disc space. In our previous applications these bi-directional screws employed turning a wormed driving screw which turns a spur gear which in turn simul-40 taneously turns a rostral oriented screw into the cephalad vertebral body, and a caudal directed screw into the caudal vertebral body. The vertebral bodies above and below the disc space by virtue of their engagement and penetration by the BDFT screws are thus linked, interlocked, and eventu-45 ally biologically fused with placement of intervertebral bone agents.

In this current application one or more of the described embodiments may eliminate the intervening wormed driving screws and gears required by previous designs, e.g., a gearless screw box is achieved. We have designed a screw box to be placed inter-vertebrally, either unilaterally or bilaterally, in particular, posteriorly between vertebral bodies. The housing screw box incorporates built-in screw and/or drill guides which allow the direct placement and insertion of two self drilling screws which are driven in two opposing directions into superior and inferior vertebral bodies, respectively. One screw within the screw box is angled superiorly, and the other screw in the screw box is angled inferiorly.

In yet another embodiment, in addition to these features we designed an expanding screw box with sliding triangular bases to house two screws driven in two opposing directions which can be expanded in two simultaneous directions, height and depth, by turning a built-in screw adjuster. This is accomplished by a combined positioning tool/screw guide/cage expander to further enhance trajectory precision and to simultaneously expand the screw box in height and depth to custom-fit the individual disc space height. This embodiment has two sub-embodiments; one has two laterally oriented BDFT screws, and the other has a lateral and a medial oriented BDFT screw. These innovations represent a continued evolution of our concept of expandable fusion 5 cages described in our previous co-pending patents.

In yet another embodiment we designed a screw box which houses only one, instead of two screws. Each box allows the placement of one superior or inferior directed screw on one side (left or right), and the contra lateral screw 10 box device allows placement of an inferior or superior oriented screw which goes in the opposite direction of the contra lateral device. In totality these two separate single screw boxes fuse the superior and inferior vertebrae. The potential advantage of this embodiment is that it diminishes 15 the width of the screw box in cases where it might be favorable to have less nerve root retraction with a smaller width device.

In all screw-box embodiments, a rostral-directed screw is passed through one built-in screw guide of the device which 20 then is inserted and screwed into the superior vertebral body. Then a caudaly directed screw is passed through an adjacent built-in screw guide which then is inserted and screwed into the inferior vertebral body. The novelty of this design is the built-in prescribed angles of the integral screw guides which 25 allow the posterior transvertebral penetration into the vertebral bodies. This is a truly amazing feat accomplished in the posterior lumbar spine considering the small anatomically restricted work zone within which to work, which is very narrowly prescribed by obtuse angulations between 30 screw and intervertebral bone surfaces, and by nerve root, facet joint and pedicle. We have also designed a positioning tool for the placement of the non-expandable screw boxes which has a screwdriver with a flexible shaft specifically designed to fit these devices if a straight screw driver 35 impedes screw placement. Hence these external tools provide the means in any circumstance to accomplish precision screw trajectory. The embodiments described herein compared to our previous co-pending patent designs, streamline and ease production of bi-directionally oriented transverte- 40 bral screws, and allows placement of longer and wider screws with greater bone penetration to provide yet a sturdier fusion construct. The designs are also easily modifiable for anterior placement into the cervical spine. The expandable embodiment of the screw box can also be 45 enlarged and modified to be suitable for cervical, thoracic and lumber vertebral body replacements.

The box casings have multiple perforations to allow both screw traversal and horizontal bone packing preventing upward vertical migration of bone. The boxes prevent sub-50 sidence. Both the inside of the denuded intervertebral space, and the screw boxes can be packed with autologous or allograft bone, BMP, DBX or similar osteoconductive material. Posteriorly or anteriorly in the lumbar spine, these screws can be capped with a horizontal mini-plate which 55 will prevent bony growth into the thecal sac and nerves. We refer to this as a two-in-one device, i.e. two screw boxes/ BDFT screws combined with one horizontal mini-plate. This is an entirely novel concept in posterior lumbar spinal surgery. In yet another embodiment two BDFT screw boxes 60 can be combined with a circumferential cage (also 2 in 1) to be placed anteriorly into the lumbar spine.

It is believed that BDFT-screw constructs provide as strong or stronger segmental fusion as pedicle screws without the complications arising from pedicle screw placement 65 which include screw misplacement with potential nerve and/or vascular injury, violation of healthy facets, possible

pedicle destruction, blood loss, and overly rigid fusions. By placing screws across the intervertebral space from vertebral body to vertebral body, engaging anterior and middle spinal columns, and not the vertebral bodies via the transpedicular route, the healthy facet joints, if they exist, are preserved. Because this technique accomplishes both anterior and middle column fusion, without rigidly fixating the posterior column, it in essence creates a flexible fusion. This device therefore is a flexible fusion device because the preserved posterior facet joints retain their function achieving at least a modicum of mobility and hence a less rigid (i.e. a flexible) fusion.

The very advantage of transpedicular screws which facilitate a strong solid fusion by rigidly engaging all three spinal columns is the same mechanical mechanism whereby complete inflexibility of all columns is incurred thereby leading to increasing rostral and caudal segmental stress which leads to an increased rate of re-operation.

Transvertebral fusion also leads to far less muscle retraction, blood loss, and significant reduction in O.R. time. Thus the complication of pedicular screw pull-out and hence high re-operation rate associated with the current embodiment of flexible fusion pedicle screws/rods is obviated. The lumbosacral screw box embodiments and BDFT screws can be introduced via posterior lateral, transforaminal or anterior interbody fusion approaches/techniques. Although one can opt to supplement these screws with transpedicular screws there would be no absolute need for supplemental pedicle screw fixation with these operative techniques.

BDFT screw constructs outlined here can also be combined with novel zero-profile horizontal cervical and, lumbar/thoracic mini-plates. Likewise one or two of these devices can be inserted anteriorly with or without circumferential cage supplementation.

Because the BDFT screws engage a small percentage of the rostral and caudal vertebral body surface area, multilevel fusions can be performed with these devices.

Previous improvements included a novel calibrated lumbar/thoracic facet stapling device which staples the inferior articulating facet of the superior segment to the superior articulating facet of the caudal vertebral segment unilaterally or bilaterally, which may minimize motion until interbody fusion occurs. In the present patent application we introduce a new design of the staple enhancing its calibrating capability.

In this patent application we also introduce a novel posterior cervical facet stapling device which staples the inferior articulating facet of the superior cervical segment with the superior articulating facet of the caudal vertebral segment unilaterally or bilaterally.

The advantage of cervical facet staples is speed and safety. The risks of cervical facet pedicle screw fixation which include nerve root and vertebral artery injuries are completely obviated. Thus they thereby achieve the same function of pedicle screws without the risks.

Placement of different embodiments of the cervical facet staples along unilateral and/or bilateral facet joints in a modular manner, lead to differing degrees of calibrated motion joint motion hence introducing for the first time the concept of calibrated cervical fusion.

Currently failed anterior lumbar arthroplasties are salvaged by combined anterior and posterior fusions. BDFT screw constructs could be utilized as a one-step salvage operation for failed/extruded anteriorly placed lumbar artificial discs obviating the above salvage procedure which has far greater orbidity. For example, in one general aspect, a self-drilling bone fusion screw apparatus includes a first sliding box, a second sliding box, positioned relative to the first sliding box, a first screw member having a tapered end and a threaded body disposed within the first sliding box, a second screw member 5 having a tapered end and a threaded body disposed within the second sliding box, and an adjuster for adjusting the height of the sliding boxes.

Implementations of this aspect may include one or more of the following features. For example, the first and second 10 screw members may be medially aligned. At least one of the first and second screw members may be laterally aligned. The first and second screw members are laterally aligned. One of the first and second screw members is laterally aligned and the other screw member is laterally aligned. The 15 first and second sliding boxes may be substantially triangularly shaped. The triangularly shaped first and second sliding boxes may include a sliding rail and ridged surfaces. The triangularly shaped first and second sliding boxes may include holes for bone grafts. The adjuster may include a 20 screw.

In another general aspect, a self-drilling bone fusion screw apparatus includes a box, a first screw member having a tapered end and a threaded body disposed at least partially within the box and laterally aligned with the box, a second 25 screw member having a tapered end and a threaded body disposed at least partially within the box and laterally aligned with the box, and a plurality of ridges disposed on along the sides of the box.

Implementations of this aspect may include one or more 30 of the following features. For example, the apparatus may include bone graft holes. The apparatus may be attachable to a second self-drilling fusion screw apparatus via a plate.

In another general aspect, a self-drilling bone fusion screw apparatus may include a first box, a first screw 35 member having a tapered end and a threaded body disposed at least partially within the first box and laterally aligned with the first box, a second box, a second screw member having a tapered end and a threaded body disposed at least partially within the second box and laterally aligned with the 40 second box, and an attachment member for engaging the first and second boxes.

Implementations of this aspect may include one or more of the following features. For example, the self-drilling bone fusion screw apparatus may include bone graft holes. The 45 plate may be directly joined to the first and second boxes by a plurality of screws. The attachment member for engaging the first and second boxes may include a plate or the attachment member may include a circumferential cage defining at least one recess. The first and the second boxes 50 may be positioned within or securely held within the recess of the circumferential cage, e.g, with an interference fit.

In another general aspect, a tool assembly for manipulating a self-drilling bone fusion screw apparatus includes a handle, a gripper cooperating with the handle and having a 55 plurality of prongs, a screw guide, held in place the plurality of prongs, for controlling the direction of self-drilling screws that are screwed into a vertebral body.

Implementations of this aspect may include one or ore of the following features. For example, the tool assembly for 60 manipulating a self-drilling bone fusion screw apparatus may include a key for controlling an adjustment device which controls the height of the self-drilling bone fusion screw apparatus. The tool assembly according to claim may include a driver assembly. The driver assembly may include 65 a handle, a drive bit portion, and a flexible drive shaft extending between the handle and the drive bit portion for 6

manipulating a screw of an expandable or non-expandable screw box. The assembly may include one or more of an expandable screw box and/or a non-expandable screw box. The boxes may include one or more screws. The screw boxes may be joined by or include an attachment member, such as a plate and/or a circumferential cage.

In another general aspect, a cervical facet staple includes a curved staple base, at least two prongs attached to the bottom surface of the curved staple base, and an insertion member disposed on the top surface of the curved staple base.

Implementations of this aspect may include one or more of the following features. For example, the staple may include at least four prongs attached to the bottom surface of the curved staple base. The insertion member may include a threaded insert.

In another general aspect, an impaction tool for a cervical facet staple includes a handle, a stem attached to the handle, a plurality of wings for contacting the cervical facet staple, and an insertion member for coupling the cervical facet staple to the impaction tool.

Implementations of this aspect may include one or more of the following features. For example, the handle may include a flattened portion that can be struck by a mallet.

In another general aspect, a lumbar facet staple includes a pair of rotating arms, at least two prongs attached to the inner surfaces of the rotating arms, a plurality of spurs attached to one of the rotating arms, and a ratchet attached to one of the rotating arms. The rotating arms and prongs are rotated to a closed position to staple a lumbar facet joint.

### BRIEF DESCRIPTION OF DRAWINGS

FIGS. 1A-D illustrate the Lumbar intervertebral screw box with one lateral oriented BDFT screw and one medially oriented two BDFT screw (Embodiment IA) in sagittaloblique (FIG. 1A), superior perspective (FIG. 1B), inferior perspective (FIG. 1C) and exploded (FIG. 1D) views.

FIG. 1E illustrates the lumbar intervertebral expandable screw box with two lateral oriented BDFT screws (Embodiment IB; sagittal-oblique view).

FIGS. **2**A-C illustrate the Lumbar intervertebral nonexpandable screw box with two BDFT screws (Embodiment II) in lateral (FIG. **2**A), oblique (FIG. **2**B), and superior perspective (FIG. **2**C) views.

FIG. **3** illustrates a superior oblique perspective view of left and right lumbar intervertebral non-expandable screw boxes with one BDFT screw (Embodiment III).

FIGS. **4**A-B illustrate the horizontal intervertebral zeroprofile mini-plate prior to insertion (FIG. **4**A), and after insertion (FIG. **4**B) into two non-expandable lumbar intervertebral screw boxes with two BDFT screws.

FIG. **4**C illustrates two non-expandable lumbar intervertebral screw boxes with two screws within a large circumferential cage for anterior placement into the lumbar spine.

FIGS. **5**A-C illustrate t positioning tool/screw guide/box expander in oblique perspective (FIG. **5**A), lateral (FIG. **5**B), and exploded (FIG. **5**C) views.

FIG. **5**D illustrates a superior oblique perspective view of the positioning tool/drill guide/box expander component.

FIGS. **5**E-G illustrate the sequential steps (I-III) of the positioning tool/screw guide/box expander assembly. Step I (FIG. **5**E), step II (FIG. **5**F), and step III (FIG. **5**G).

FIGS. **5**H-I illustrate the positioning tool for impaction and placement of the non-expandable screw box with two 10

transvertebral screws. Embodiment I has a rectangular positioning handle (FIG. **5**H), and embodiment II has a circular positioning handle (FIG. **5**I)

FIGS. **6**A-B illustrate the insertion of expandable Lumbar bi-directional screw box with two BDFT screws into the <sup>5</sup> Lumbar spine in oblique (FIG. **6**A) and lateral (FIG. **6**B) views.

FIGS. 7A-B illustrate the cervical facet staple (Embodiment I) in lateral (FIG. 7A) and oblique (FIG. 7B) views.

FIGS. **8**A-C illustrate the cervical facet staple (Embodiment II) in oblique (FIG. **8**A), superior perspective (FIG. **8**B) and inferior-oblique (FIG. **8**C) views.

FIG. 9A illustrates the two-pronged cervical facet staple inserter/impactor (Embodiment I).

FIG. **9**B illustrates the two-pronged cervical facet staple <sup>15</sup> inserter/impactor inserted into the staple (Embodiment I).

FIG. **10**A illustrates the four pronged cervical facet staple impactor (Embodiment II).

FIG. **10**B illustrates the four pronged cervical facet staple impactor inserted into the cervical facet staple (Embodiment <sup>20</sup> II).

FIG. **10**C illustrates an inferior-oblique perspective view of the four-pronged cervical facet staple impactor (Embodiment II).

FIG. **11**A illustrates placement of two-pronged cervical <sup>25</sup> facet staples in a three-dimensional cervical spine.

FIG. **11**B illustrates placement four-pronged cervical facet staples in a three-dimensional cervical spine.

FIG. **11**C illustrates modular placement of two and four pronged cervical facet staples in a three-dimensional cervi-<sup>30</sup> cal spine to achieve differing calibrated degrees of flexibility.

FIGS. **12** A-B illustrate the Lumbar facet joint staple with a calibrated ratcheting mechanism in opened (Figure A) and closed (Figure B) positions.

# DETAILED DESCRIPTION OF THE INVENTION

1. The Medical Device

Referring to FIGS. **1-6**, the above described problem can be solved in the thoracic and lumbar spine by insertion into the denuded intervertebral disc space multiple embodiments of screw box constructs with BDFT screws.

FIGS. 1A-D illustrate three-dimensional views of the 45 Lumbar intervertebral expandable screw box 100 with two BDFT screws 101, 102; one lateral and one medially oriented (Embodiment IA). FIG. 1E illustrates a sagittaloblique view of the lumbar intervertebral expandable screw box 120 with two lateral oriented BDFT screws 121, 122 50 (Embodiment IB).

The expandable box 100 consists of top and bottom triangular sliding bases 103, 104 (FIGS. 1-D). The superior and inferior segments of the height/depth adjusting screw 105 are integrated and connected to the two separate top and 55 bottom triangular bases 103, 104, respectively. By turning this adjusting screw 105 back and forth i.e. clock-wise, and counter clockwise, the sliding rails 106 of the top triangular base 103 (FIG. 1D) slide up and down the rail inserts 107 on the bottom triangular base 104 (FIG. 1D). This action will 60 simultaneously alter the intervertebral height and depth of the screw box 100 conforming to the dimensions of the disc space.

Transvertebral screw 101 penetrates the top base 103, and 65 transvertebral screw 102 traverses the bottom base 104 of the screw box 100. The two screws 101, 102 traverse the

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screw box 100 in opposing directions, bi-directionally (whether they are lateral or medially oriented). The external edges of the triangular bases 103, 104 in contact with vertebral body surfaces include ridges 107. This facilitates the screw box's 100 incorporation into and fusion with the superior and inferior vertebral bodies (FIGS. 1A-E). Both top and bottom screw box bases 103, 104 are perforated with holes 108 to allow bone placement for fusion. The entire construct, furthermore, is hollow to allow bone filling. Hence this device functions as both an intervertebral bone fusion spacer and bi-directional transvertebral screw fusion device.

FIGS. 2A-C illustrate three-dimensional views of the Lumbar intervertebral non-expandable screw box 200 with two BDFT screws 201, 202 (Embodiment II). Screws 201 and 202 perforate and orient in opposing, superior and inferior directions. There are holes 208 and hollow spaces allowing packaging with bone. There are also holes which allow the traversal of screws. The superior and inferior edges include ridges 207 to facilitate integration and fusion with superior and inferior vertebral bodies. The expandable screw box 200 may include a screw insert 209 to attach a horizontal mini-plate (not shown). The self-contained internalized drill guides are at a 25 degree angle. The screw boxes can be designed with the internalized drill guides with different angles and/or different positions within the box.

FIG. 3 illustrates a three-dimensional view of left and right lumbar intervertebral non-expandable screw boxes **300***a*, **300***b* with one BDFT screw **301** or **302** (Embodiment III). It is roughly half the width of Embodiments I and II. Screw **301** is inserted into screw box **300***a* (left) and screw **302** is inserted into screw box **300***b* (right). There are holes **308** and hollow spaces allowing packing of bone to achieve biological fusion. The combined effect of one superior oriented and one inferior oriented screw fuses the superior and inferior vertebral bodies with small constructs. This also enables placement of larger dimension screws compared to embodiments I and II.

FIGS. 4A and B illustrate three-dimensional views of the horizontal intervertebral zero profile mini-plate 400 with two non-expandable lumbar intervertebral screw boxes 300*a*, 300*b* housing two BDFT screws 301, 302. FIG. 4A illustrates the perforations 401 within the plate 400 through which small plate securing screws 310 will be inserted to 45 connect it to the built-in screw holes of the screw box 300*a*, 300*b* (FIG. 4B). The horizontal mini-plate 400 together with the top surfaces of left and right screw boxes 300*a*, 300*b* provide a physical barrier between the underlying bone placed beneath it (not illustrated), and the thecal sac and 50 nerve roots above it (not illustrated).

FIG. 4C illustrates two screw boxes 300c, 300d within a circumferential cage 420 (2 in 1) construct which is designed for anterior placement into the lumbar spine. There are slots 308a, 308b for bone graft placement, both outside and inside the boxes. The circumferential cage 420 has perforations 401a for the placement of transvertebral screws (not shown).

FIGS. **5**A-C illustrate three-dimensional views of the external drill/screw guide-box expander **500** which assists in screw trajectory and box expansion (embodiments IA-B). For embodiments II and III, the same instrument is utilized; however, an expanding Allen key component is not used.

The key components of this device include an Allen key 501, a spring 502, a handle 503, a griper 504 and a screw guide 505. The Allen key 501 when inserted in the insertion 514 and turned, turns the screw adjuster (FIG. 5C) which in turn regulates top and bottom triangular screw box base

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sliding, and hence box 200 width and depth. The griper 504 has griper prongs 506 which insert into grooves of the screw guide 505 and the screw box 200 (FIGS. 5A-D) thus perfectly aligning them.

FIG. **5**D illustrates a superior oblique view of the screw guide 505 demonstrating insertions 509 for griper prong 506, built-in trajectory guides 511, 512 for insertions of screws 101 and 102, and the Allen key 501.

FIGS. 5E-G illustrate three-dimensional views of the sequential steps necessary for the external guide assembly. FIG. 5E illustrates the insertion of the Allen key 501 into the handle 503. FIG. 5F illustrates the insertion of the handle 503 through the spring 502 and griper 504. FIG. 5G illustrates insertion of the griper 504 into the screw guide 505. 15

FIGS. 5H-I illustrate three-dimensional views of a positioning tool 500a for impaction and placement of two transvertebral screws 201, 202 in the non-expandable screw box 200. The driver assembly 550 consists of a screw driver 551, a flexible shaft 552 and a square recess bit 553. This 20 facilitates turning the screws 201, 202 into the bone. The flexible shaft 552 facilitates the avoidance of spinous processes which might hinder the screw driving if the shaft 552 were straight. The positioning tool 500a can have a rectangular handle, Embodiment I (FIG. 5H), or a circular handle, 25 Embodiment II (FIG. 5I). This serves to position the screw box within the intervertebral space, and screws 201, 202 within the screw box. Once positioned, the screw box can be impacted by tapping the handle with a mallet (not shown). The positioning tool's 500a griper handle inserts into the 30 screw guide and the box, which maintains alignment.

FIG. 6A illustrates a three-dimensional view of insertion of the construct (Embodiment I) into the lumbar intervertebral disc space.

FIG. 6B illustrates a three dimensional lateral view of 35 insertion of the construct (Embodiment I) into the disc space with short screws. Placement with longer screws would capture more bone.

FIGS. 7A and B illustrate three-dimensional views of the two-pronged cervical facet staple 700 (Embodiment I). 40 There is a staple base 701 which is contoured to align with the curved surface of the cervical facet joints. There is a superior impactor threaded insert 702. An impactor can be screwed into this insert 702 and then impacted with a mallet. The two spikes 703, 704 perforate the inferior and superior 45 facets of the superior and inferior vertebral bodies hence leading to cervical facet joint fusion. The spikes can be designed with ridges and/or fishhooks to facilitate irreversible extraction.

FIGS. 8A-C illustrate three-dimensional views of the 50 four-pronged cervical facet staple 800 (Embodiment II). Likewise it has a staple base 805 contoured specifically for the surface of the facet joint. It also has an impactor insert 806. The insertion of a device with four prongs 801-804 instead of two prongs further limits the degrees of motion of 55 the joint hence making the fusion more rigid.

FIGS. 9 A-B illustrate a three-dimensional view of the two-pronged cervical staple impactor 900. It has a handle 901, a stem 902, and a screw insert 903 which can be screwed into the threaded staple insert. The impactor has 60 two wings 904 which keep the staple base edges in place facilitating staple impaction. The handle 901 of the impactor **900** is broad in order to allow impaction by a mallet.

FIGS. 10A-C illustrate three-dimensional views of the four-pronged cervical staple impactor 1000 (Embodiment 65 II). It has the same features as the two-pronged impactor 900, except its wings 1004 are broader accommodating the

broader staple base. The impactor 1000 also includes a handle 1001, a stem 1002, and an impact screw 1003.

FIG. 11A illustrates a three-dimensional view of placement of the two pronged cervical facet staple 700 into a cervical spine model having vertebral body 1103 and lamina 1104. One staple 700 is perched on the joint 1101 prior to impaction. The other staple 700 is impacted.

FIG. 11B illustrates a three-dimensional view of placement of the four pronged cervical facet staple 800 into a cervical spine pre and post impaction.

FIG. 11C illustrates the concept of modularity and incremental diminution of movement of the joint by the modular placement of different combinations and permutations of varying numbers of two and four pronged cervical facet staples 700, 800. If one wishes to have the most flexible (least rigid) fusion, one would place a unilateral two pronged staple 700. One can increase i.e. calibrate increasing degrees of rigidity by increasing the number of prongs penetrating the facet joints bilaterally. In FIG. 11C each facet joint is fused using a total number of six prongs. One side this is accomplished by using three two pronged staples 700, and on the other side using one four pronged staple 800 and one two pronged staple 700. These two embodiments can be mixed and matched unilaterally or bilaterally to vary the degree of rigidity and conversely flexibility of fusion. The most flexible fusion at one level would be accomplished by one staple 700 (2 prongs). The highest level of rigidity would be achieved by placing two four pronged staples 800 on both sides totaling sixteen prongs. Intermediate degrees of relative joint motion can be modulated by insertion into the cervical facet joints staples in two-four prong increments from 2-16. Each additional prong further limits the degree of facet joint motion hence increasing rigidity, and conversely decreasing flexibility. Thus the novel modular use of these embodiments heralds an era of flexible cervical spine fusion.

FIGS. 12 A-B illustrate a lumbar facet joint staple 1200 in open and closed positions and having staple prongs 1203. This lumbar facet staple has been thoroughly described in our previous co-pending patent application Ser. No. 14/536, 815, filed on Sep. 29, 2006, and Ser. No. 11/208,644, filed on Aug. 23, 2005, the relevant portion of each of which is hereby incorporated by reference hereinafter. The new improvement of this device includes a ratchet 1201. The staple 1200 can be incrementally closed with increased ratcheting over increasing number of spurs 1202. This achieves increasing calibrated levels of lumbar facet joint fusion, and conversely diminishing joint flexibility. This new designs further enhances the capacity to achieve flexible fusions in the lumbar spine.

2. The Surgical Method

Exemplary surgical steps for practicing one or more of the foregoing embodiments will now be described.

The posterior lumbar spine implantation of all the screw box 100, 200, 300 embodiments, with BDFT screws, and horizontal mini-plate 400 can be implanted via previously described posterior lumbar interbody fusion (PLIF) or posterior transforaminal lumbar interbody fusion (TLIF) procedures. The procedures can be performed open, microscopic, closed tubular or endoscopic. Fluoroscopic guidance can be used with any of these procedures.

After adequate induction of anesthesia, the patient is placed in the prone position. A midline incision is made for a PLIF procedure, and one or two parallel paramedian incisions or a midline incision is made for the TLIF procedure. For the PLIF, a unilateral or bilateral facet sparing

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hemi-laminotomy is created to introduce screw box 100, 200, 300 embodiments I-III into the disc space, after it is adequately prepared.

For the TLIF procedure, after unilateral or bilateral dissection and drilling of the inferior articulating surface and the medial superior articulating facet the far lateral disc space is entered and a circumferential discectomy is performed. The disc space is prepared and the endplates exposed.

Then one screw box 100, 200, 300 of either embodiments I-III is placed on either right, left or both sides. Then another screw box of embodiments 100, 200, 300 I-III is placed on the contralateral side. For embodiment I the external screw guide 505/box expander is attached to the screw box (FIGS.  $_{15}$ 5A-H). First the Allen key 501 is screwed until the box conforms perfectly to the height and depth of the space. Then a pilot hole can be drilled or an awl can start a pilot hole in the vertebral bodies. Then a transvertebral screw is screwed into the vertebral body via the built-in box screw 20 guides 505. For difficult angles, an angled screw driver can be employed.

For embodiments II-III the same method is used for placing screws, except the Allen key 501 is not utilized in the absence of plate expansion.

If bilateral constructs have been inserted, bone is packed into the intervertebral space, as well as within the device. Then the horizontal intervertebral zero profile mini-plate 400 is slid beneath the thecal sac and is secured to both left and right screw boxes with small mini-plate screws 210 30 (FIGS. 4A-B). This prevents bone intrusion into the thecal sac and hence possible nerve root compression.

FIGS. 6A and B illustrate the process of insertion and final placement of the construct into the lumbar spine. The mini-plates 400 can come in different horizontal lengths and 35 widths to accommodate different intra and inter-patient disc space diameters. The BDFT screws can come in different widths, lengths and thread designs.

The anterior thoracic and lumbar spine implantation of one, two or three screw box constructs 100, 200, 300 and 40 lumbar facet staples, and placement of Lumbar screw box-BDFT screws can be performed in a similar manner to the posterior application. Likewise, a horizontal mini-plate 400 can be used to cap two or three screw box constructs 100, 200, 300 (one placed midline deeply, one placed left and one placed right, forming a triangulation). Alternatively two 45 screw box constructs may be placed into a circumferential ring for anterior placement. Anterior placement of these devices can be performed into the L4/5 and L5/S1 spaces on the supine anesthetized patient via previously described open microscopic or endoscopic techniques. Once the disc 50 space is exposed and discectomy and space preparation are performed, placement of one, two or three screw box embodiments 100, 200, 300 (I-III) or a 2 in I construct can be placed. The screw placement is facilitated by the internal screw guides, and different positioning tools ((FIG. 5). A 55 right angled screw driver and/or ratchet could alternatively be employed A capping mini-plate 400 may be applied if desirable. The mechanism of screw placement and miniplate 400 attachment are identical to what was described above. 60

The posterior placement of screw box constructs 100, 200, 300 alone or combined with horizontal mini-plates 400 into the thoracic spine can be performed via previously described transpedicular approaches; open or endoscopic. The anterior placement into the thoracic spine can be 65 accomplished via a trans-thoracic approach. Once the disc space is exposed via either approach, any combination of the

above mention Embodiments (I-III) can be inserted. Engagement of the devices is identical to what was mentioned above.

For posterior placement of cervical facet staple 700, 800 embodiments, after adequate induction of anesthesia the patient is flipped prone and his head and neck secured. A single midline or two para-median incisions are made for unilateral or bilateral or multilevel placement of staples. Ultimately the facet joint is exposed. Alternatively and preferably this can be performed percutaneously under fluoroscopic guidance with intravenous sedation. The staple 700, 800 (Embodiments I or II) is loaded into the impactor 900, 1000. The staple 700, 800 is placed on the two articulating cervical facets, and then impacted into the joint. To achieve modular calibrated fusion different combinations and permutations of cervical facet stales can be inserted ranging from a single unilateral two pronged staple providing a high degree of flexibility to a total of four bilaterally placed four pronged staples 800 (16 prongs) leading to the highest degree of rigidity. Additional bone may or may not be placed in its vicinity to facilitate permanent and solid fusion. This procedure can be performed open, closed, percutaneously, tubulary, endoscopically or microscopically. FIGS. 11 A-C illustrates placement of the staples 700, 800 in the cervical spine.

We have previously described surgical placement of the lumbar facet joint staple in our two co-pending patents. The surgical procedure for this device is identical to that which has been previously mentioned.

The present inventions may provide effective and safe techniques that overcome the problems associated with current transpedicular based cervical, thoracic and lumbar fusion technology, and for many degenerative stable and unstable spine disease. These inventions could replace much pedicle screw-based instrumentation in many but not all degenerative spine conditions.

The speed and simplicity of placement of cervical and BDFT constructs far exceeds that of current pedicle screw technology. Furthermore, these devices have markedly significantly decreased risk of misguided screw placement, and hence decreased risk of neural and vascular injury, and blood loss. In the lumbar spine BDFT screw constructs and facet staples could be applied modularly in different combinations to achieve different degrees of rigidity (flexibility). Patients having these devices would have decreased recovery and back to work time. These devices most likely lead to similar if not equal fusion with significantly less morbidity, and hence overall make them a major advance in the evolution of spinal instrumented technology leading to advances in the care of the spinal patient.

Another major novelty and advance is the introduction of simple and sale modular calibrated cervical flexible fusion. To our knowledge neither a similar device nor a similar mathematical concept of modular joint flexibility/fusion calibration has been postulated for the cervical spine or for any other articulating joint.

To our knowledge there have not been any previously described similar posterior lumbar and thoracic combined spacer and screw constructs. These devices can similarly be modified to stabilize bone fractures throughout the entire body. To our knowledge the description of zero to subzero profile anterior or posterior horizontal spinal plates which traverse the diameter of the disc space has not been previously described.

We claim:

**1**. A system comprising:

- an intervertebral expandable implant having a first vertebral body engagement surface for engaging a first vertebral body and a second vertebral body engagement 5 surface for engaging a second vertebral body, wherein the second vertebral body engagement surface is positioned opposite of the first vertebral body engagement surface, the intervertebral expandable implant comprising: 10
  - a first implant structure defining the first vertebral body engagement surface and a first angled wedge portion that is angled with respect to the first vertebral body engagement surface, wherein the first angled wedge portion comprises a first inwardly-facing rail and a 15 second inwardly-facing rail, wherein a first inwardly-facing slot is defined at a location adjacent the first inwardly-facing rail between the first inwardly-facing rail and the first vertebral body engagement surface, wherein a second inwardly- 20 facing slot is defined at a location adjacent the second inwardly-facing rail between the second inwardly-facing rail and the first vertebral body engagement surface, wherein the first implant structure defines first and second opposing side surfaces 25 positioned on opposite sides of the first vertebral body engagement surface, wherein the first implant structure defines an end gap between the first and second opposing side surfaces at a first end of the first vertebral body engagement surface, wherein the 30 first vertebral body engagement surface comprises a plurality of ridges extending from the first vertebral body engagement surface, wherein at least some of the ridges are positioned on the first vertebral body engagement surface on opposite sides of the end gap; 35
  - second implant structure defining a second angled wedge portion that comprises a first outwardlyfacing rail and a second outwardly-facing rail that faces outwardly in a direction opposite that of the first outwardly-facing rail, wherein a first outwardly- 40 facing slot is defined at a location adjacent the first outwardly-facing rail, wherein a second outwardlyfacing slot is defined at a location adjacent the second outwardly-facing rail, wherein the first implant structure is slidably-engaged with the sec- 45 ond implant structure such that the first angled wedge portion engages the second angled wedge portion with the first inwardly-facing rail of the first implant structure positioned in the first outwardlyfacing slot of the second implant structure, the sec- 50 ond inwardly-facing rail of the first implant structure positioned in the second outwardly facing slot of the second implant structure, the first outwardly-facing rail of the second implant structure positioned in the first inwardly-facing slot of the first implant struc- 55 ture, and the second outwardly-facing rail of the second implant structure positioned in the second inwardly-facing slot of the first implant structure, wherein the second implant structure defines third and fourth opposing side surfaces positioned on 60 opposite sides of the second vertebral body engagement surface, wherein the second implant defines first and second tool engagement indentations on the second and third opposing side surfaces, respectively, wherein the first and second tool engagement 65 indentations are positioned proximate a proximate end of the second implant structure, and wherein the

second implant structure defines an adjusting screw hole sized for receiving an adjusting screw at a proximal portion of the second implant structure between the third and fourth side surfaces; and

an adjusting screw positioned in the adjusting screw hole;

- a first tool having a first proximal end and a first distal end with first and second engagement prongs positioned at the first distal end and defining an adjusting tool passage extending through the first tool from the first proximal end to the first distal end, wherein the first and second engagement prongs are sized and positioned to extend into the first and second tool engagement indentations of the second implant structure so as to allow the first tool to engage the intervertebral expandable implant; and
- a second adjusting tool having a second proximal end and a second distal end with a handle positioned at the second proximal end, a screw engagement portion positioned at the second distal end, and a shaft extending from the handle to the screw engagement portion, wherein the screw engagement portion is sized and configured for engaging and turning the adjusting screw when the screw engagement portion is engaged with the adjusting screw, wherein the shaft of the second adjusting tool is sized with a smaller diameter than that of the adjusting tool passage such that the second adjusting tool can extend through the adjusting tool passage of the first tool to engage and turn the adjusting screw of the intervertebral expandable implant to expand the intervertebral expandable implant when the first and second engagement prongs of the first tool are engaged with the first and second tool engagement indentations of the intervertebral expandable implant.

2. The system of claim 1, wherein the second implant structure defines first and second screw guides angled to guide screws bi-directionally into the superior and inferior vertebral bodies.

**3**. The system of claim **1**, and further comprising means to facilitate incorporation into and fusion with the superior and inferior vertebral bodies.

**4**. The system of claim **3**, and further comprising means to connect the intervertebral expandable implant to the inferior and superior vertebral bodies.

**5**. The system of claim **1**, wherein the second implant structure defines an indentation adjacent the screw hole.

6. The system of claim 1, wherein the second implant structure defines the second vertebral body engagement surface.

7. The system of claim 1, wherein rotation of the adjusting screw with respect to the second implant structure moves the second implant structure with respect to the first implant structure to slide the first angled wedge portion with respect to the second angled wedge portion and expand the intervertebral expandable implant.

8. The system of claim 1, wherein the adjusting screw extends through a portion of the first implant structure that is larger than a diameter of the threaded shaft of the adjusting screw so as to allow the first implant structure to move with respect to the adjusting screw along a direction normal to the first vertebral body engagement surface of the first implant structure when the intervertebral expandable implant is expanded.

**9**. A method of using the system of claim **1**, the method comprising:

- connecting the first tool to the intervertebral expandable implant with the first and second engagement prongs engaged with the first and second tool engagement indentations;
- implanting the intervertebral expandable implant into a 5 disc space in a lumbar spine via the first tool using a transforaminal lumbar interbody fusion (TLIF) approach;
- extending the second adjusting tool through the first tool to engage the adjusting screw of the intervertebral 10 expandable implant; and
- expanding the intervertebral expandable implant by turning the second adjusting tool to turn the adjusting screw of the intervertebral expandable implant.

**10**. A method of using the system of claim **1**, the method 15 comprising:

- connecting the first tool to the intervertebral expandable implant with the first and second engagement prongs engaged with the first and second tool engagement indentations; 20
- implanting the intervertebral expandable implant into a disc space in a lumbar spine via the first tool using a posterior lumbar interbody fusion (PLIF) approach;
- extending the second adjusting tool through the first tool to engage the adjusting screw of the intervertebral 25 expandable implant; and
- expanding the intervertebral expandable implant by turning the second adjusting tool to turn the adjusting screw of the intervertebral expandable implant.

**11**. A method of using the system of claim **1** to insert the 30 intervertebral expandable implant into a disc space of a spine from an anterior or lateral path, the method comprising:

- connecting the first tool to the intervertebral expandable implant with the first and second engagement prongs 35 engaged with the first and second tool engagement indentations;
- implanting the intervertebral expandable implant into the disc space via the first tool;
- extending the second adjusting tool through the first tool 40 to engage the adjusting screw of the intervertebral expandable implant; and
- expanding the intervertebral expandable implant by turning the second adjusting tool to turn the adjusting screw of the intervertebral expandable implant. 45

**12**. A system comprising:

- an intervertebral expandable implant having an inferior surface for engaging an inferior vertebral body and a superior surface for engaging a superior vertebral body, wherein the superior surface is positioned opposite of 50 the inferior surface, the intervertebral expandable implant comprising:
  - a first implant structure defining the inferior surface and a first angled wedge portion that is angled with respect to the inferior surface, wherein the first 55 angled wedge portion comprises a first inwardlyfacing rail and a second inwardly-facing rail, wherein a first inwardly-facing slot is defined at a location adjacent the first inwardly-facing rail between the first inwardly-facing rail and the inferior 60 surface, wherein a second inwardly-facing slot is defined at a location adjacent the second inwardlyfacing rail between the second inwardly-facing rail and the inferior surface, wherein the first implant structure defines first and second opposing side surfaces positioned on opposite sides of the inferior surface, wherein the first implant structure defines at

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least first, second, and third openings with the first opening extending through the inferior surface of the first implant and the second and third openings extending through the first and second side surfaces; and

- a second implant structure defining a second angled wedge portion that comprises a first outwardlyfacing rail and a second outwardly-facing rail that faces outwardly in a direction opposite that of the first outwardly-facing rail, wherein a first outwardlyfacing slot is defined at a location adjacent the first outwardly-facing rail, wherein a second outwardlyfacing slot is defined at a location adjacent the second outwardly-facing rail, wherein the first implant structure is slidably-engaged with the second implant structure such that the first angled wedge portion engages the second angled wedge portion with the first inwardly-facing rail of the first implant structure positioned in the first outwardlyfacing slot of the second implant structure, the second inwardly-facing rail of the first implant structure positioned in the second outwardly facing slot of the second implant structure, the first outwardly-facing rail of the second implant structure positioned in the first inwardly-facing slot of the first implant structure, and the second outwardly-facing rail of the second implant structure positioned in the second inwardly-facing slot of the first implant structure; and
- an adjusting screw, wherein the second implant structure defines first and second tool engagement indentations on opposing side surfaces of the second implant structure;
- a first tool having a first proximal end and a first distal end with first and second engagement prongs positioned at the first distal end and defining an adjusting tool passage extending through the first tool from the first proximal end to the first distal end, wherein the first and second engagement prongs are sized and positioned to extend into the first and second tool engagement indentations of the second implant structure so as to allow the first tool to engage the intervertebral expandable implant; and
- a second adjusting tool having a second proximal end and a second distal end with a handle positioned at the second proximal end, a screw engagement portion positioned at the second distal end, and a shaft extending from the handle to the screw engagement portion, wherein the screw engagement portion is sized and configured for engaging and turning the adjusting screw when the screw engagement portion is engaged with the adjusting screw, wherein the shaft of the second adjusting tool is sized with a smaller diameter than that of the adjusting tool passage such that the second adjusting tool can extend through the adjusting tool passage of the first tool to engage and turn the adjusting screw of the intervertebral expandable implant to expand the intervertebral expandable implant when the first and second engagement prongs of the first tool are engaged with the first and second tool engagement indentations of the intervertebral expandable implant.

**13**. The system of claim **12**, wherein the second implant structure defines first and second screw guides angled to guide screws bi-directionally into the superior and inferior vertebral bodies.

14. The system of claim 12, wherein the adjusting screw extends through at least part of the first implant structure and the second implant structure.

**15**. The system of claim **14**, wherein the second implant structure defines a threaded hole, wherein the adjusting 5 screw comprises a threaded shaft, wherein the threaded shaft is positioned in the threaded hole, and wherein rotation of the adjusting screw with respect to the second implant structure moves the second implant structure with respect to the first implant structure to slide the first angled wedge 10 portion with respect to the second angled wedge portion and expand the intervertebral expandable implant.

16. The system of claim 14, wherein the adjusting screw extends through a portion of the first implant structure that is larger than a diameter of the threaded shaft of the adjusting 15 screw so as to allow the first implant structure to move with respect to the adjusting screw along a direction normal to the inferior surface of the first implant structure when the intervertebral expandable implant is expanded.

**17**. The system of claim **12**, wherein the second and third <sup>20</sup> openings have a substantially circular cross-section and are co-axially aligned with one-another at a location nearer a first end of the first implant structure than a second end of the first implant structure.

**18**. The system of claim **12**, wherein the second implant 25 structure defines first, second, and third holes, wherein the second hole is positioned between the first and third holes, and wherein an adjusting screw extends through the second hole.

**19**. The system of claim **12**, wherein the second implant 30 structure defines the superior surface.

**20**. A method of using the system of claim **12**, the method comprising:

- connecting the first tool to the intervertebral expandable implant with the first and second engagement prongs 35 engaged with the first and second tool engagement indentations:
- implanting the intervertebral expandable implant into a disc space in a lumbar spine via the first tool using a transforaminal lumbar interbody fusion (TLIF) 40 approach;
- extending the second adjusting tool through the first tool to engage the adjusting screw of the intervertebral expandable implant; and
- expanding the intervertebral expandable implant by turn- 45 ing the second adjusting tool to turn the adjusting screw of the intervertebral expandable implant.
- 21. A system comprising:
- an intervertebral expandable implant having a first vertebral body engagement surface and a second vertebral 50 body engagement surface positioned opposite of the first vertebral body engagement surface for engaging inferior and superior vertebral bodies, the intervertebral expandable implant comprising:
  - a first implant structure defining the first vertebral body 55 engagement surface and a first angled wedge portion that is angled with respect to the first vertebral body engagement surface, wherein the first angled wedge portion comprises a first inwardly-facing rail and a second inwardly-facing rail, wherein a first 60 inwardly-facing slot is defined at a location adjacent the first inwardly-facing rail between the first inwardly-facing rail and the first vertebral body engagement surface, wherein a second inwardlyfacing slot is defined at a location adjacent the 65 second inwardly-facing rail between the second inwardly-facing rail and the first vertebral body

engagement surface, wherein the first implant structure defines first and second opposing side surfaces positioned on opposite sides of the first vertebral body engagement surface; and

- a second implant structure defining a second angled wedge portion that comprises a first outwardlyfacing rail and a second outwardly-facing rail that faces outwardly in a direction opposite that of the first outwardly-facing rail, wherein a first outwardlyfacing slot is defined at a location adjacent the first outwardly-facing rail, wherein a second outwardlyfacing slot is defined at a location adjacent the second outwardly-facing rail, wherein the first implant structure is slidably-engaged with the second implant structure such that the first angled wedge portion engages the second angled wedge portion with the first inwardly-facing rail of the first implant structure positioned in the first outwardlyfacing slot of the second implant structure, the second inwardly-facing rail of the first implant structure positioned in the second outwardly facing slot of the second implant structure, the first outwardly-facing rail of the second implant structure positioned in the first inwardly-facing slot of the first implant structure, and the second outwardly-facing rail of the second implant structure positioned in the second inwardly-facing slot of the first implant structure,
- wherein the intervertebral expandable implant defines first and second screw guides positioned and configured to guide screws into the superior and inferior vertebral bodies, wherein at least one of the first and second implant structures defines at least one of the first and second screw guides, wherein the intervertebral expandable implant further comprises an adjusting screw, and wherein the second implant structure defines first and second tool engagement indentations on opposing side surfaces of the second implant structure;
- a first tool having a first proximal end and a first distal end with first and second engagement prongs positioned at the first distal end and defining an adjusting tool passage extending through the first tool from the first proximal end to the first distal end, wherein the first and second engagement prongs are sized and positioned to extend into the first and second tool engagement indentations of the second implant structure so as to allow the first tool to engage the intervertebral expandable implant; and
- a second adjusting tool having a second proximal end and a second distal end with a handle positioned at the second proximal end, a screw engagement portion positioned at the second distal end, and a shaft extending from the handle to the screw engagement portion, wherein the screw engagement portion is sized and configured for engaging and turning the adjusting screw when the screw engagement portion is engaged with the adjusting screw, wherein the shaft of the second adjusting tool is sized with a smaller diameter than that of the adjusting tool passage such that the second adjusting tool can extend through the adjusting tool passage of the first tool to engage and turn the adjusting screw of the intervertebral expandable implant to expand the intervertebral expandable implant when the first and second engagement prongs of the first tool are engaged with the first and second tool engagement indentations of the intervertebral expandable implant.

22. The system of claim 21, wherein the adjusting screw has a threaded shaft, wherein the second implant structure defines a screw hole, wherein the threaded shaft of the adjusting screw is positioned in the screw hole of the second implant structure, wherein the first implant structure defines 5 a space that is larger than a diameter of the threaded shaft of the adjusting screw so as to allow the first implant structure to move with respect to the adjusting screw along a direction normal to the first vertebral body engagement surface when the intervertebral expandable implant is expanded, and wherein rotation of the adjusting screw with respect to the second implant structure moves the second implant structure with respect to the first implant structure to slide the first angled wedge portion with respect to the second angled 15 wedge portion and expand the intervertebral expandable implant.

**23**. The system of claim **21**, wherein a threaded shaft of the adjusting screw is threaded around an exterior circumference of the threaded shaft.

**24**. The system of claim **21**, wherein a threaded shaft of  $^{20}$  the adjusting screw is threaded along substantially a full length of the threaded shaft.

**25**. The system of claim **21**, wherein the second implant structure defines a first hole having a first centerline axis,

wherein the first screw guide has a second centerline axis that is angled with respect to the first centerline axis so as to guide a first screw into one of the superior and inferior vertebral bodies, and wherein the second screw guide has a third centerline axis that is angled with respect to both of the first and second centerline axes so as to guide a second screw into the other of the superior and inferior vertebral bodies.

**26**. A method of using the system of claim **21** to insert the intervertebral expandable implant into a disc space of a spine from an anterior or lateral path, the method comprising:

- connecting the first tool to the intervertebral expandable implant with the first and second engagement prongs engaged with the first and second tool engagement indentations;
- implanting the intervertebral expandable implant into the disc space via the first tool;
- extending the second adjusting tool through the first tool to engage the adjusting screw of the intervertebral expandable implant; and
- expanding the intervertebral expandable implant by turning the second adjusting tool to turn the adjusting screw of the intervertebral expandable implant.

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